



GENESIS
-HEALTH REVOLUTION-

← *Recipe Card* →

PEANUT BUTTER CAROB BALLS #3

INGREDIENTS:

- 1/2 cup Natural Peanut Butter
- 1/4 cup carob powder
- 1/3 Cup + 1 TBSP Date paste
- 1 tsp Roma or other coffee substitute dissolved in 1 tsp of water

DIRECTIONS:

- Make date paste by placing 10 pitted dates and 1/4 Cup of water in blender. Blend until smooth.
- Mix all ingredients together
- Form round balls 3/4"-1" diameter
- Place in refrigerator or freezer

Yields 23 1" balls

Optional Additions:

- Carob chips
- Roll outside with unsweetened coconut
- Add unsweetened coconut to mix
- Add chopped nuts
- Add some Plant Based Protein Powder.



