



GENESIS
-HEALTH REVOLUTION-

← *Recipe Card* →

Maple Pecan Cookies

INGREDIENTS:

2 1/2 C raw, finely ground pecans, DO NOT USE PECAN MEAL
2/3 C whole wheat PASTRY flour
1/3 C flax meal
1/3 C vegan carob chips
1/2 + 2 TBS maple syrup
2 tsp vanilla

DIRECTIONS:

-Preheat oven to 350.
-Line a cookie sheet with parchment paper.
-Mix all ingredients.
-Roll into balls and place on sheet. Flatten with fork.
-Bake 10-15 min. Watch carefully, they burn easily.



