



GENESIS
-HEALTH REVOLUTION-

← *Recipe Card* →

WHITE COUNTRY GRAVY

INGREDIENTS:

- 4 TBS plant based margarine
- 6 TBS all purpose flour or GF flour
- 4 C unsweetened plant based milk
- 2 tsp onion powder
- 2 tsp salt
- 2 tsp white powder.

DIRECTIONS:

- Melt margarine and add flour, using the back of a spoon to incorporate until clumpy and golden.
- Add rest of ingredients, stirring smooth and thick.
- Simmer 3-5 min.



