



## **Diabetes Undone Countdown to Program Timetable**



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We have found that the following timetable works very well for providing a very workable schedule to prepare for the Diabetes Undone Program.

<b>T - 9 Weeks</b>	<b>We reserve program with Life Health Network. \$99.00 fee. ( Church Reimburses)</b>
<b>T - 9 Weeks</b>	<b>We provide print ready documents to your church for advertisements, banners, flyers, bulletins, radio and newspaper announcements.</b>
<b>T - 8 Weeks</b>	<b>Church starts advertising for program.</b>
<b>T - 2 Weeks</b>	<b>RSVP cut off date so church can order participant kits. Order kits, but also continue to accept participants that have missed the RSVP date.</b>
<b>Start Date (T)</b>	<b>Diabetes Undone program normally Tuesday and Thursday evenings 6:30-8:00 pm</b>
<b>T + Night 2</b>	<b>Cut off for new participants entering program. ( Night 2 is 1/4 thru the program.)</b>
<b>T + 4 Weeks</b>	<b>Diabetes Undone Program completed, church schedule follow on programs with participants.</b>
<b>T + 1 Year</b>	<b>End of access to Life Health Network and Diabetes Undone website</b>