



**GENESIS**  
-HEALTH REVOLUTION-

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## Fried Cabbage

### INGREDIENTS:

- 4 C Shredded Cabbage
- 2/3 C chopped onions
- 1/2 C shredded carrots
- 1 clove garlic, minced
- 1 1/2 tsp fresh ginger, minced
- 2 tsp soy sauce/braggs/tamari
- 1/8 tsp paprika
- 2 TBS Earth Balance

### DIRECTIONS:

-Saute all (except Earth Balance) in water, covered until tender. Remove, add Earth Balance and sauce until golden brown.



