



GENESIS
-HEALTH REVOLUTION-

← *Recipe Card* →

Julie's Favorite Breading

INGREDIENTS:

- 1 C nutritional yeast flakes
- 2 C FINE cornmeal
- 2 C Panko (Use Gluten Free Panko if GF is needed)
- 2-3 tsp salt, or to taste, depends on how much salt is in Chickee Seasoning
- 1-4 TBS Chickee seasoning, or to taste

DIRECTIONS:

- Mix well by hand, or put in a high speed blender to mix well.



