



GENESIS
-HEALTH REVOLUTION-

← *Recipe Card* →

CREAMY ITALIAN DRESSING

INGREDIENTS:

- 1/2 pound Mori Nu Silken tofu (firm or extra firm)
- 2 TBS Extra Virgin Olive Oil or water
- 2 TBS lemon Juice
- 4 cloves Garlic, minced
- 1 tsp salt
- 1/4 tsp Oregano
- 1/4 tsp Basil (ground or leaves)
- 1/8 to 1/4 tsp Thyme

DIRECTIONS:

- Blend all ingredients and chill overnight to allow flavors to blend.

Serve on salads, baked potatoes or side dishes. Can also be used as a dip.



