



GENESIS
-HEALTH REVOLUTION-

← *Recipe Card* →

Cilantro Lime Avocado Dressing

INGREDIENTS:

- 1 ripe avocado
- 1/4 C unsweetened plant based yogurt*
- 1/2 C cilantro
- 1/2 C water
- 2-4 TBS lime juice
- 1 tsp garlic powder
- 1 tsp cumin
- 1 tsp coriander
- 1 tsp salt

DIRECTIONS:

- Start off with a little less lime juice and water.
- Blend in a high speed blender until smooth.

*You can use plant based mayo instead of yogurt.



