



GENESIS
-HEALTH REVOLUTION-

← *Recipe Card* →

PEANUT BUTTER BANANA BLONDIE

INGREDIENTS:

- 1-15 oz chickpeas, drained and rinsed
- 1 medium well ripe banana
- 2 tsp vanilla
- 1/4 tsp baking powder
- 1/2 C chopped walnuts
- 1/2 C smoothie natural PNB
- Pinch of sea salt
- 1/4 tsp baking soda
- 1/4 C carob chips (opt)

DIRECTIONS:

- Preheat oven to 350.
- Line an 8x8 dish with parchment paper or lightly dish with pan spray.
- In a food processor, blend all ingredients except nuts/carob chips until well combined.
- Fold in nuts/carob chips and spread into baking dish.
- Bake :25 and you must let it cool :30 before slicing. (otherwise it will still be gooey inside.)



